



FEEDING CHANGE

ONTARIO ASSOCIATION OF FOOD BANKS

2015/16

IMPACT REPORT





Dear Supporters,

Many people have misconceptions about who it is that visits a food bank and why they are there. But the reality is, our clients are just like you and me.

One example that comes to mind is a young mother that I recently met, who turned to her local food bank to find food, a place to live, and clothing. She was hardworking, university-educated, and dedicated to her family - but had simply fallen on hard times. Luckily, her local food bank was there to help her find her footing and give her a chance at a healthy future.

Ontario is a province of great wealth and opportunity, and yet, each month hundreds of thousands of Ontarians struggle to keep their heads above water. Against the growing tide of rising rental costs, increasing food prices, student loans and unaffordable child care, many turn to food banks for assistance and support.

Over the last year, the Ontario Association of Food Banks was able to provide the equivalent of 4 million meals to food banks to help support hardworking moms, families, children, and seniors across the province. This was made possible through the incredible generosity of our partners, donors, and the tireless work of Ontario's food bank network. And while we are proud of this accomplishment, we know that there is still much more work to be done.

Healthy food is essential to healthy people - and healthy people are the foundation of a healthy community. Your support is essential in achieving all three. As we work towards hitting our next milestones, we are happy to know that we can count on our current and future partners to reach our vision.

We believe in a hunger-free Ontario, and know that it is possible with you.

With gratitude,

Carolyn Stewart
Executive Director

About the Ontario Association of Food Banks

CREATING A HEALTHY FUTURE

The Ontario Association of Food Banks (OAFB) is the province's leading provider of emergency food support to front-line hunger-relief agencies and the leader in province-wide hunger research. Our mission is to strengthen communities by providing food banks with food, resources, and solutions to address short and long-term food insecurity.

This year, through the generosity of our supporters, we were able to provide almost 5 million pounds of healthy food to the 360,000 adults, children, and seniors who rely on our services each month. This is the equivalent of 4 million meals.

Healthy communities are not created alone. Each one of us has a role to play.

By working collectively as a network, and with the commitment of like-minded partners and donors, we continue to work towards our vision of a hunger-free Ontario.

The following pages will illustrate how the Ontario Association of Food Banks feeds change through our focus on healthy food, healthy people and healthy communities.





HEALTHY FOOD FOR HEALTHY PEOPLE

HEALTHY FOOD IS OUR PRIORITY

A nutritious diet is essential to our overall health and wellbeing.

IN CHILDREN

A wholesome diet affects physical and cognitive development, literacy and numeracy skills, and academic achievement.

IN ADULTS

Nutritious food results in improved job performance, disease prevention, and lowered health risks.

This year, the OAFB provided 4 million meals to Ontarians in need. This included:



ALMOST 1
MILLION LITRES
OF FRESH MILK



144,000 DOZEN
EGGS



40,000 SERVINGS
OF BEEF



78,000 SERVINGS
OF CHICKEN



21,000 SERVINGS
OF TURKEY



145,000 SERVINGS
OF PORK

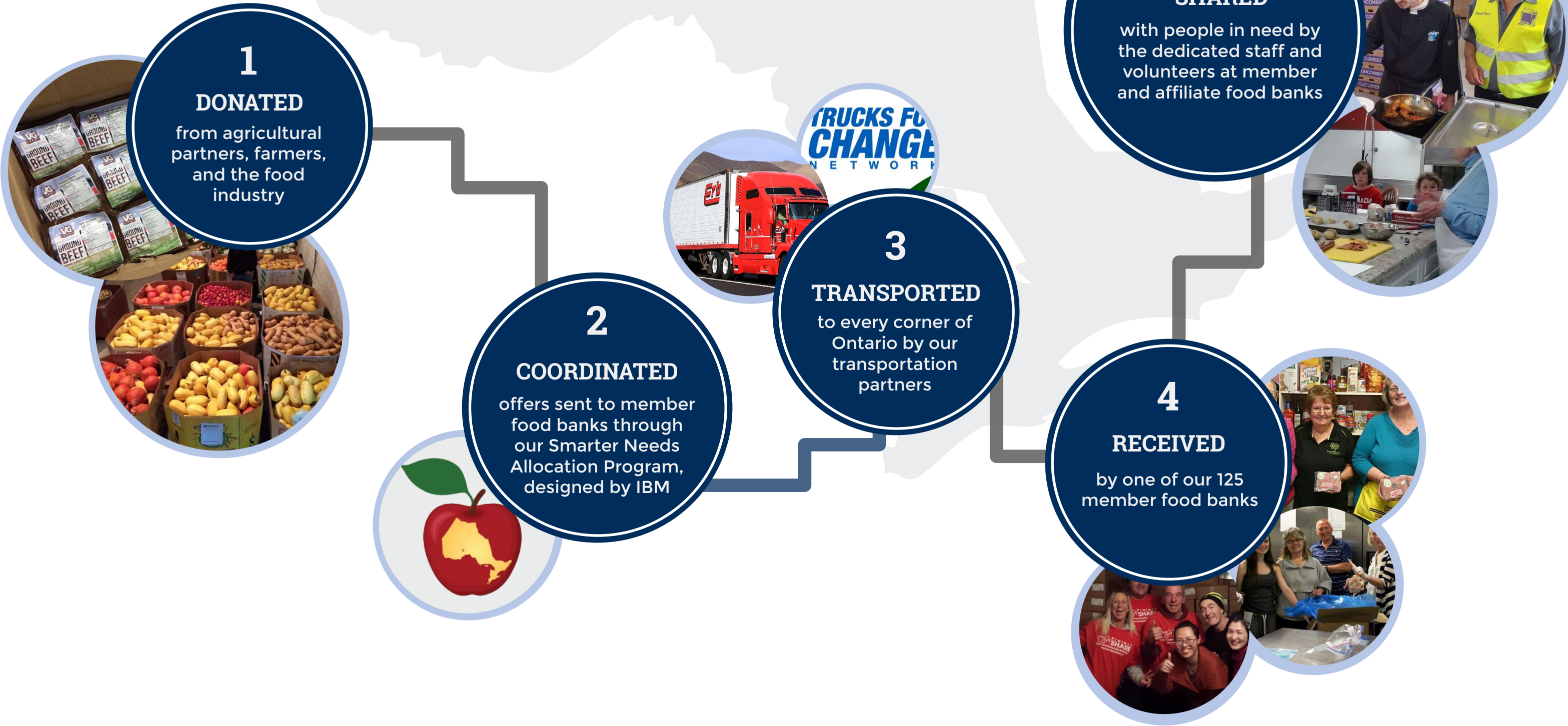


341,000 POUNDS
OF FRESH FRUITS
AND VEGETABLES

This would not have been possible without the generosity of our food industry donors, farmers, food processors, food transporters, and agricultural partners. Each play an essential role in ensuring that all Ontarians have access to fresh, healthy food.

MOVING 4 MILLION MEALS

Getting healthy food to 360,000 people in need every month is no small feat! The OAFB's FeedON distribution network ensures the safe and efficient delivery of food into the hands of those that need it most. This network relies on the collective cooperation of our member food banks, food partners and transporters, and Food Banks Canada.





HEALTHY PEOPLE FOR HEALTHY COMMUNITIES

WHO WE HELP

There are many misconceptions about who it is that uses a food bank. But the reality is they are a neighbour, a child in a classroom, a family at the park, and even a senior on the bus. They are just like you and me.

People are the foundation of any community. Ontario's food banks work hard each day to ensure that people across the province have access to the healthy food they need to not only survive, but thrive in their daily lives.

In our most recent Hunger Report, released in December 2015, we found:



**33% ARE
CHILDREN**



**32% HAVE A
DISABILITY**



**5% ARE SENIOR
CITIZENS**



**8% ARE NEW
CANADIANS**

HEALTHY COMMUNITIES FOR A HEALTHY FUTURE

Food banks across the province work hard to address both emergency food needs and long-term food insecurity through a wide variety of innovative programs. From cooking classes and skill building workshops, to child-care and public health, Ontario's food banks are centres for support, innovation, and community.

The Ontario Association of Food Banks supports these efforts through a strategic focus on building the capacity of our network and increasing hunger awareness through public education.

BUILDING A HEALTHY NETWORK

The Ontario Association of Food Banks provides a number of exclusive grants and funding opportunities to support the growth and operations of our network.

RURAL KIDS

Through the generosity of The RBC Foundation and The Grocery Foundation, and in partnership with our member food banks, the OAFB's Rural Kids Program provided thousands of children with access to healthy, nutritious meals and snacks every month throughout the school year.

CAPACITY BUILDING

Through the Capacity Building Program, funded by The C.B. Powell Foundation and The Monsanto Fund, the OAFB provided member food banks with improved refrigeration and storage for increased fresh food capacity.

OAFB CONFERENCE

Through the OAFB annual conference, hosted by the Regional Food Distribution Association in Thunder Bay, food banks came together as vital parts of a much larger mission: to reduce hunger in Ontario. This conference provided our members with training and skill development to optimize client care and overall service to the community.



PUBLIC EDUCATION

Hunger is a solvable issue. To make lasting change in communities across Ontario, it is essential that we create strategies that address both short and long-term food insecurity. The foundation of any effective long-term solution is quality data and research.

LINK2FEED

The OAFB is proud to be the first food bank network in Canada to implement Link2Feed, a secure client intake system that helps us track food bank use and trends in real time. This data is essential in helping us understand the unique needs of each community, and in developing province-wide solutions to address hunger.

HUNGER REPORT

To transform research into change, a public dialogue on the issue of hunger and its impact on the community is key. The Ontario Association of Food Banks is the voice of the provincial food bank network and works hard to share their stories to increase public education. The annual Hunger Report is our primary tool for communicating trends, demographics, and recommendations for change.

To download the Hunger Report, please visit our website at www.oafb.ca/hunger-report

Learning about hunger in Ontario - who it affects, why it exists, and how we can alleviate it - is essential to making change. Visit our website at www.oafb.ca

FINANCIAL OVERVIEW

By donating to the Ontario Association of Food Banks, you are making a difference. For every \$1 donated we can provide 3 meals to someone in need. The OAFB spends less than 5% of our annual budget on administration, investing more than 95% of our funding into food and programs.

REVENUE

Gifts in Kind	\$12,476,407
Donations	\$334,121
Grants from Other Organizations	\$110,886
Food Drives	\$554,386
Food Programs	\$174,225
Membership Dues	\$37,133
National Programs	\$56,091
Annual Conference	\$85,111
Interest and Other	\$11,113
Member Programs	\$87,245
TOTAL	\$13,926,718



EXPENSES

Food and Distribution	\$12,741,226
Member Services and Programs	\$578,443
Administration	\$744,418
TOTAL	\$14,064,087

This financial summary is extracted from our 2015-2016 Audited Financial Statements. These statements can be viewed on our website at www.oafb.ca





A HEALTHY FUTURE FOR A HEALTHIER ONTARIO

At the Ontario Association of Food Banks, we work with many corporate supporters, foundations, individuals, and community partners to build a healthy future for all Ontarians. Help us continue to feed the change by investing in healthy food, healthy people, and healthy communities by supporting our organization.

IMAGINE THE IMPACT AN ADDITIONAL 1 MILLION MEALS COULD MAKE.

This year, we want to increase the amount of nourishing, wholesome food available to people in need. But in order to move more healthy food into the hands of Ontario's most vulnerable people, we need your support.

No matter your contribution, you can be confident that by supporting the OAFB you will be making a real difference in the lives of adults, children, and seniors living with hunger across Ontario.

For every \$1 donated, we can provide
3 meals to someone in need.



**JOIN US AND HELP
FEED THE CHANGE!**

OUR PARTNERS IN FEEDING CHANGE

Financial



- | | | | |
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| 7/11
Advanced Benefits Consulting
Ami Mody Medicine
Professional Corp.
Anixter Canada
Aqueduct Foundation
Archer's Poultry Farm Limited
Aviva Canada
Barilla Canada
BDO Canada LLP
Binks Insurance Brokers
BluArc Communications
CAA South Central Ontario
Campbell's Company of Canada
Canadian Broadcasting
Corporation - Sounds of the
Season
Cargill Limited
Cascades Recovery Inc.
CB Powell Foundation
Challenger Motor Freight | Council on International
Educational Exchange
Delta Power Equipment
Economical Mutual Insurance
Company
Elanco Animal Health
Elections Ontario
Elementary Teachers'
Federation of Ontario
Ellis Don Corporation
Fenix Parts Canada Inc.
Flat Rock Cellars
Floradale Feed Mill
Food & Beverage Ontario
General Mills Canada
Goldcorp Inc.
Goodyear Canada Inc.
Great Lakes Brewery
Hilco Industrial Acquisitions
Canada
Hybrid Turkeys | IBM Employees Charitable Fund
Industrial Alliance Financial
Group
Konkani Association of Ontario
Kraft Canada
Linamar Corporate
London Agricultural
Commodities Inc.
Maple Leaf Foods
Mazon Canada
Meldrum Horne & Associates
Minor Bros. Farm Supply
Newman's Own Foundation
Oegema Turkey Farms Inc.
Ontario Craft Brewers
Ontario Construction Secretariat
Ontario Food Protection
Association
Ontario Medical Association
Ontario Pork Congress
Ontario Pork Industry Council | Ontario Power Generation
Pioneer Hi-Bred Ltd.
R & M Lang Foundation
Rankine Construction
Reisler Franklin LLP
Schlegel Poultry Inc.
Sofina Foods
Southwest Ontario Veterinary
Services
Starnix
Strongco Corporation
The Clorox Company of Canada
The Norman & Margaret
Jewison Foundation
The Ontario Grocery Foundation
The Vine Wine Agency
The Westland Corporation
UNIFOR
Wallenstein Feed & Supply Ltd.
Wiegand Memorial Foundation |
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Partner Campaigns



Transportation



Food & Consumer Products



OAFB Agriculture Programs



OUR STRENGTH LIES IN
OUR MEMBERSHIP

Acton	Acton Foodshare	Elliot Lake	Elliot Lake Emergency Food Bank Inc.	Oshawa	Feed the Need in Durham	Toronto	Daily Bread Food Bank
Ailsa Craig	Ailsa Craig & Area Food Bank	Erin	East Wellington Community Services	Ottawa	Ottawa Food Bank	Trenton	Trenton Care and Share Food Bank
Alliston	The Good Shepherd Food Bank	Fergus	Centre Wellington Food Bank	Owen Sound	The Salvation Army Community and Family Services	Uxbridge	Uxbridge Loaves and Fishes Food Bank
Aurora	Aurora Food Pantry	Fonthill	Pelham Cares Inc			Walkerton	Walkerton & District Food Bank
Bancroft	North Hastings Community Cupboard	Fort Erie	The Salvation Army Fort Erie	Palmerston	Palmerston Food Bank	Wallaceburg	Wallaceburg Salvation Army Family Services
Barrie	Barrie Food Bank	Gananoque	Gananoque & District Food Bank	Paris	The Salvation Army - Brantford & Paris		
Barry's Bay	Madawaska Valley Food Bank	Georgetown	Georgetown Bread Basket	Parry Sound	Harvest Share Community Food Bank	Warkworth	7 Hills Community Pantry
Beamsville	Community Care of West Niagara	Goderich	St. Vincent de Paul	Perth	The Table Community Food Centre	Wasaga Beach	Wasaga Beach Ministerial Food Bank
Belleville	Gleaners Food Bank	Grimsby	Grimsby Benevolent Fund Food Bank	Peterborough	Kawartha Food Share	Waterdown	Food with Grace - Waterdown Food Bank
Belleville	Quinte Region Food Share Shelter	Guelph	Guelph Food Bank	Port Colbourne	Port Cares Reach Out Food Centre		
Blenheim	The Salvation Army (Blenheim)	Hamilton	Hamilton Food Share	Port Elgin	Salvation Army Community & Family Services	Waterford	Waterford and District Food Cupboard
Blind River	Blind River Emergency Food Bank Inc.	Hanover	The Salvation Army			Welland	The Hope Centre
Bobcaygeon	Bobcaygeon Helps Food Bank	Hastings	Hastings & Roseneath Ministerial Food Bank	Prescott	Food For All Food Bank	Wiarton	The Salvation Army
Bolton	Caledon Community Services			Renfrew	Renfrew & District Food Bank	Winchester	Dundas County Food Bank
Brampton	Knights Table	Havelock	Havelock & Community Food Bank	Richmond Hill	LifeCorps Food Share	Windsor	Windsor & Essex County Food Bank Association
Brantford	Community Resource Service	Hawkesbury	Hawkesbury Food Bank	Ridgetown	Ridgetown Salvation Army Family Services		
Brockville	Operation Harvest Sharing	Ingersoll	The Salvation Army Ingersoll			Wingham	North Huron Community Foodshare
Burk's Falls	Burk's Falls & District Food Bank	Jarvis	Jarvis Caring Cupboard	Sarnia	Inn of the Good Shepherd	Woodstock	The Salvation Army Emergency Housing Community & Family Services
Burlington	Partnership West Family Support Network	Kanata	Kanata Food Cupboard	Sault Ste Marie	The Salvation Army Community & Family Services		
		Kingston	Partners in Mission Food Bank			Zurich	Blessings Community Store & Food Bank
Caledonia	Caledonia & District Food Bank	Kitchener	The Food Bank of Waterloo Region	Seeley's Bay	R.O.L.L. Aid Centre		
Cambridge	Cambridge Self-Help Food Bank	Lake St. Peter	Word of Life Outreach	Sharbot Lake	North Frontenac Food Bank		
Campbellford	Campbellford Warkworth Fare Share Food Bank	Lanark	Lanark Highlands Food Pantry	Simcoe	Simcoe Caring Cupboard		
		Lindsay	Kawartha Lakes Food Source	Smiths Falls	Smiths Falls Community Food Bank		
Carleton Place	Lanark County Food Bank - The Hunger Stop	Listowel	The Salvation Army Community & Family Services	Smithville	West Lincoln Community Care		
Cayuga	Cayuga Food Bank	London	London Food Bank				
Chatham	Chatham Outreach for Hunger	L'Orignal	Banque Alimentaire de L'Orignal				
Cobalt	Colbalt, Coleman, Latchford and Area Food Bank	Mattawa	Mattawa and Area Food Bank				
		Meaford	Golden Town Outreach				
Cobourg	Northumberland County Fare Share	Midland	The Salvation Army				
Cobourg	Food 4 All Northumberland	Milton	The Salvation Army Khi Community Milton				
Cochrane	Cochrane Food Bank Inc.						
Collingwood	The Salvation Army Food Bank	Mindemoya	Manitoulin Family Resources				
Cornwall	Centre Agape Centre	Minden	Minden Food Bank				
Dunnville	Salvation Army Dunnville, Community & Family Services	Mississauga	The Mississauga Food Bank				
		Mount Forest	Community Pantry				
Eganville	Eganville & District Community Food Bank	Mountain	House of Lazarus				

“The Ontario Association of Food Banks works hard to ensure food security issues are addressed in Ontario by distributing fresh and non-perishable foods to food banks. Our food bank network is able to provide nutritional food to our clients because of the great work that the OAFB continues to do each and every day. Collaborating together has and will continue to change lives for children and adults living in our province and the OAFB definitely makes this a priority.”

June Muir, Windsor & Essex County Food Bank Association



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Barrister & Solicitor, Basil Alexander Professional Corporation

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Chartered Accountant, Chartered Professional Accountant, MBA

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2015-2016 Provincial Staff

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