



generosity of caring individuals and organizations to support and achieve its vision of a hunger-free Ontario.

The OAFB is a proud member of Food Banks Canada.

WE WANT TO SAY thank you.

At the Ontario Association of Food Banks, our work stems from the belief that food fuels a brighter future. It ensures that a child is able to start a day of learning off right, that adults are able to meet their potential in the workforce, and that families are able to develop strong connections with each other and their community.

Food is essential to our health, but sadly there are hundreds of thousands of Ontarians who struggle with hunger every day. This issue touches all corners of our province, both urban and rural, and unfortunately puts many families in the position of having to choose between food and their most basic necessities, like rent or hydro.

This year is an important milestone at the Ontario Association of Food Banks as we are marking our 25th anniversary. Our network has a strong legacy of supporting families and fighting hunger all across Ontario, something that could not be done without the long-standing commitment of our supporters.

While we continue to face challenges, we have made great strides this year in the fight against hunger as we move closer to achieving our vision of a hunger-free Ontario. In 2016-17, we distributed 6 million pounds of healthy food to the food bank network (a growth of 1 million pounds over last year!), made significant investments in food bank programming and capacity building at the local level, and continued to raise awareness around the root causes of hunger through Hunger Action Month and the release of the 2016 Hunger Report.

This report will detail how you are helping us fuel a brighter future by building food security, providing dignity and hope, investing in health and well-being, and reducing poverty.

On behalf of the Ontario food bank network and the people we serve, thank you to our partners and future partners for your support. None of this work would be possible without the continued commitment of passionate, caring individuals like you!

Kind Regards.

Carolyn Stewart, Executive Director **Ontario Association of Food Banks**

HOW ARE YOU FUELLING A

brighter future?



5,000,000

nutritious meals distributed to food banks



335,000

people helped across Ontario each month



1,200

hunger-relief charities supported



30

days of Hunger Action
Month



\$106,300

invested in local programs & capacity



517

new donors joined the fight against hunger

FOR EVERY \$1 DONATED, WE CAN PROVIDE 3 MEALS TO SOMEONE IN NEED

"Proudly family owned and operated, TMF Foods believes in giving back to the communities where we raised our families, and supporting the people who have supported our business for nearly 40 years."

DAN DAVIES, PRESIDENT TMF FOODS INC. & LOU'S BARBEQUE CO



YOU'RE INCREASING food security

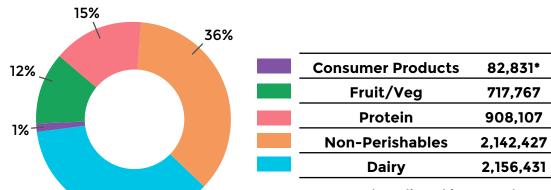
At the very heart of our organization you will find our fresh food programs. Last year, 335,000 Ontarians received vital food each month when they accessed a food bank supported by the OAFB.

Because of you, we distributed the equivalent of 5 million meals to our network in 2016-17; that's 1 million more meals than last year!

Providing healthy meals and balanced hampers is key to a brighter future. When an individual is able to stop worrying about where their next meal is coming from, they can begin to focus on finding a new job, improving their employment skills, or doing well in school.

Thank you to Ontario's farmers, food processors, and food industry partners for your incredible support of our organization. These partners have helped ensure that families in need all across Ontario have access to fresh, healthy, local food.





*values listed in pounds



36%







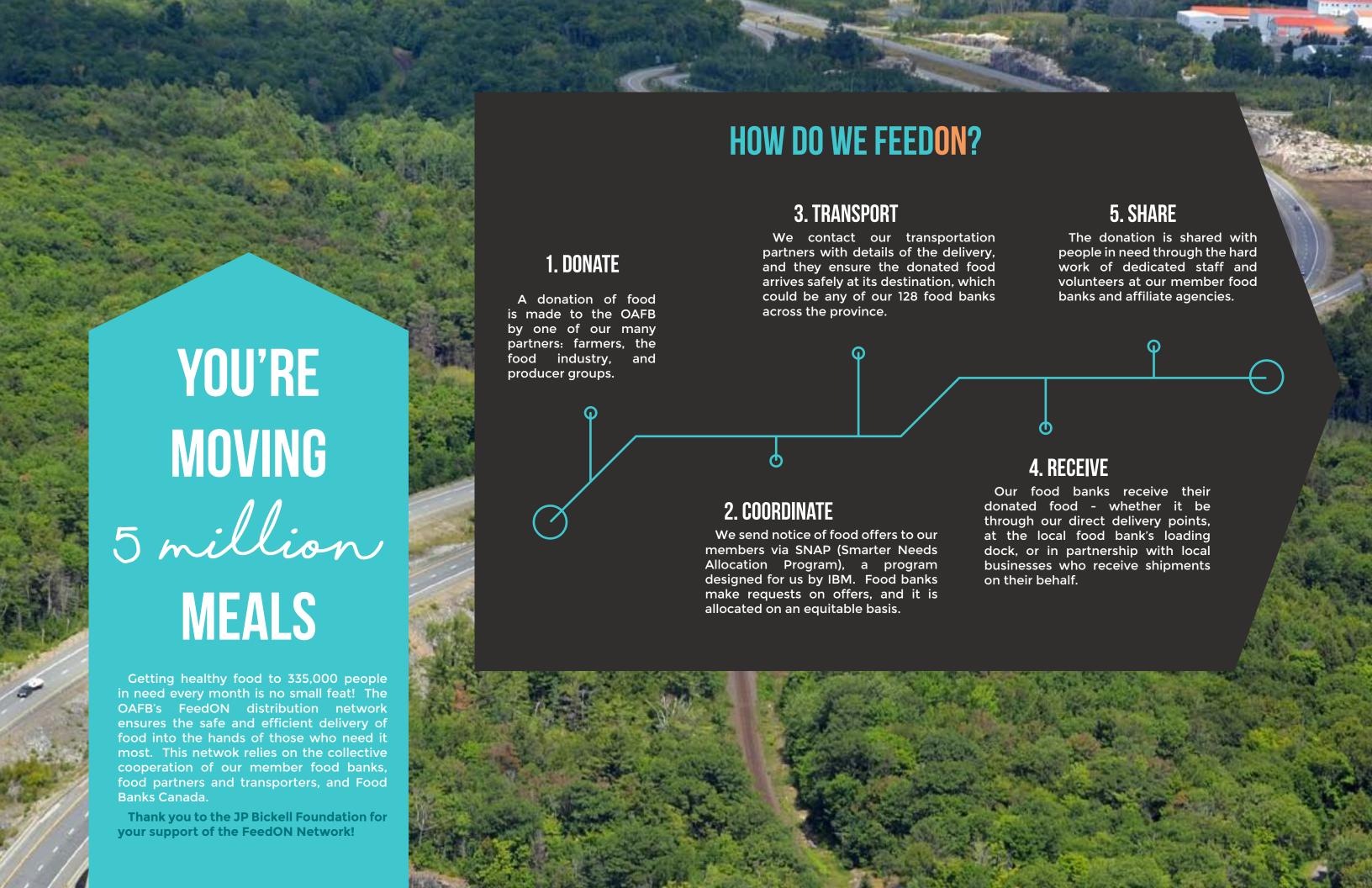






SANDRA, GANANOQUE

Last summer, a chicken delivery to her local food bank meant that Sandra was able to have her daughter and grandchild over for a Sunday dinner. She was brimming with pride when she told us how she roasted a chicken with vegetables and provided a nutritious meal for her family.



YOU'RE PROVIDING disnity and hope



RICK, Brantford

Submitted by the Brantford Food Bank

As a young adult attending school, I found it very difficult to make ends meet financially. With my disability, I found it impossible to seek employment to supplement my income.

Thankfully, my practicum was at the local food bank. I was able to use their services guilt-free, and experience what it was like to be a client. This greatly increased my ability to relate to the client base, and understand what they would have to undergo just to be fed.

On the other hand, I was able to observe and assist through my practicum as a college student in ways that I otherwise thought didn't exist. There is so much more to the concept of food banking than just feeding the public.

I've watched as volunteers meticulously sorted the food product, all the while smiling and forming their own sense of community with each other. I've also spoken to many clients, everwilling to tell their story as to why they needed to use food bank services.

Through smiles and tears, I've learned to quote "everyone needs at some point". Where one may need a lawyer for a once in a lifetime occurrence, another may need an electrician. Just as much, we need to eat.

Even deeper, I've experienced the sense of community through the food bank as we partner with many community supports. Each month, we assist other facilities so they in kind may assist clients who have a greater need for food, thereby forming a dietary "safety net" so no one will be left hungry.

I've decided to pursue outreach in my community, and help make sure that no one is left behind. The tight-knit community supports that the food bank has shown me gives me a greater hope for success and change.



Submitted by Pelham Cares

I moved to Fenwick almost 5 years ago. I am on disability and it is very hard to live on what you get as an income.

Someone told me about Pelham Cares. I went there and they were so friendly and made me feel so welcome. They never once judged me. I could not believe the amount of food they gave me the first day I was there. I can never thank Pelham Cares for everything they do.

I also found out that they help kids with doing activities. My daughter always wanted to do horseback riding. With the help from Pelham Cares she was able to do that. Every year my daughter was also able to go back to dance with their help.

One year they recommended my daughter Tamara to go to Tim Hortons Camp. I was so grateful for this. Tamara had the time of her life there. Because of Pelham Cares Tim Hortons Camp asked Tamara to go to a youth leadership program. Tamara is so excited to go. This will be the first time she will be going on a plane.

Pelham Cares is so wonderful, friendly, and caring. I still, after 5 years, cannot believe all they do for Tamara and myself. They help with Christmas presents for Tamara. I am so grateful for that because I cannot afford to buy her presents. She would be so disappointed if she woke up Christmas morning and there was nothing under the tree. They help with Easter and Thanksgiving.

It's just amazing. I cannot express how grateful I am for them. I could never repay everything they have done. They deserve an award for the best place to go. I have cried sometimes for all they do.

Without them we would not be able to eat sometimes and Tamara would never be able to do the activities she does. Again I am so very grateful and thankful for them. I look so forward to going there - not just for the food they give, but to see them.

They always seem happy to see me and if I want to sit down and talk with them, they always make time for me. They are wonderful, kind and awesome people. Thank you for letting me express my story about them.

YOU'RE INVESTING IN nutrition

Our food bank network is working hard every day to ensure that their neighbours have the nutrition that they need to not only survive, but thrive.

In 2016, we continued to invest in healthy futures through exclusive grants to our food bank network. These funds were directed towards child nutrition programs in rural areas and increasing fresh food capacity at local food banks.

We also launched the Feeding Fresh! Sysco Community Garden Grant. The community garden projects funded through this grant will be a source of fresh, healthy food for people in need in the community.

Thank you to CN, The Monsanto Fund, The Ontario Grocery Foundation, The RBC Foundation, and Sysco Toronto for investing in healthy futures!

RURAL KIDS IN ACTION

House of Lazarus in Mountain (population: 11,095) partnered with the Dundas Youth Centre to provide after school cooking classes with weekly meals. The program involved youth directly in meal preparation, including food literacy and food safety – such as how to use a vegetable peeler and a knife, measure ingredients, wash fruits and vegetables, and meat handling.

Since implementing the program the Dundas Youth Centre has seen an increase in after school program attendance. Youth participants are eager to learn and improve their cooking skills, and are looking forward to creating a cookbook with their favourite recipes.

"The children who are coming are very hungry. There is a difference in their behaviour after they have been fed a healthy meal." - House of Lazarus



YOU'RE JOINING THE FIGHT AGAINST

poverty

We are the provincial voice for hunger. Now, more than ever, leadership is needed on this issue. Together with our partners we continue to bring greater awareness and support to short and long-term solutions for hunger in Ontario.

In June, we held our annual conference in Thunder Bay. The conference provided the opportunity for our dedicated leaders across the network to come together, learn, connect and share ideas about tackling hunger in their communities.

In September, the OAFB launched our first Hunger Action Month. The month-long campaign, aimed at raising awareness of the issue of hunger in Ontario, included the national Food Banks Canada initiative Hunger Awareness Week, a province-wide MPP sort, and a Day of Action at Queen's Park.

SHINING A SPOTLIGHT ON ENERGY POVERTY

Research on the state of hunger and poverty in Ontario continues to be a priority for the OAFB.

Our 2016 Hunger Report put a spotlight on energy poverty and precarious employment in Ontario, and made recommendations for tackling the root causes of poverty. It generated an estimated 55 million media impressions and was widely quoted in the provincial legislature.

The Hunger Report continues to be a tool for legislators and media who are looking to tell the story of hunger in Ontario.

To access a copy, please visit our website at www.oafb.ca/hunger-report

financial OVERVIEW

The Ontario Association of Food Banks is extremely grateful to our supporters. We carefully steward every dollar we receive, ensuring efficient and effective delivery of programs and services to our network.

97%

of our funding is invested in food programs and member services

20%

increase in food distribution over 2015/2016

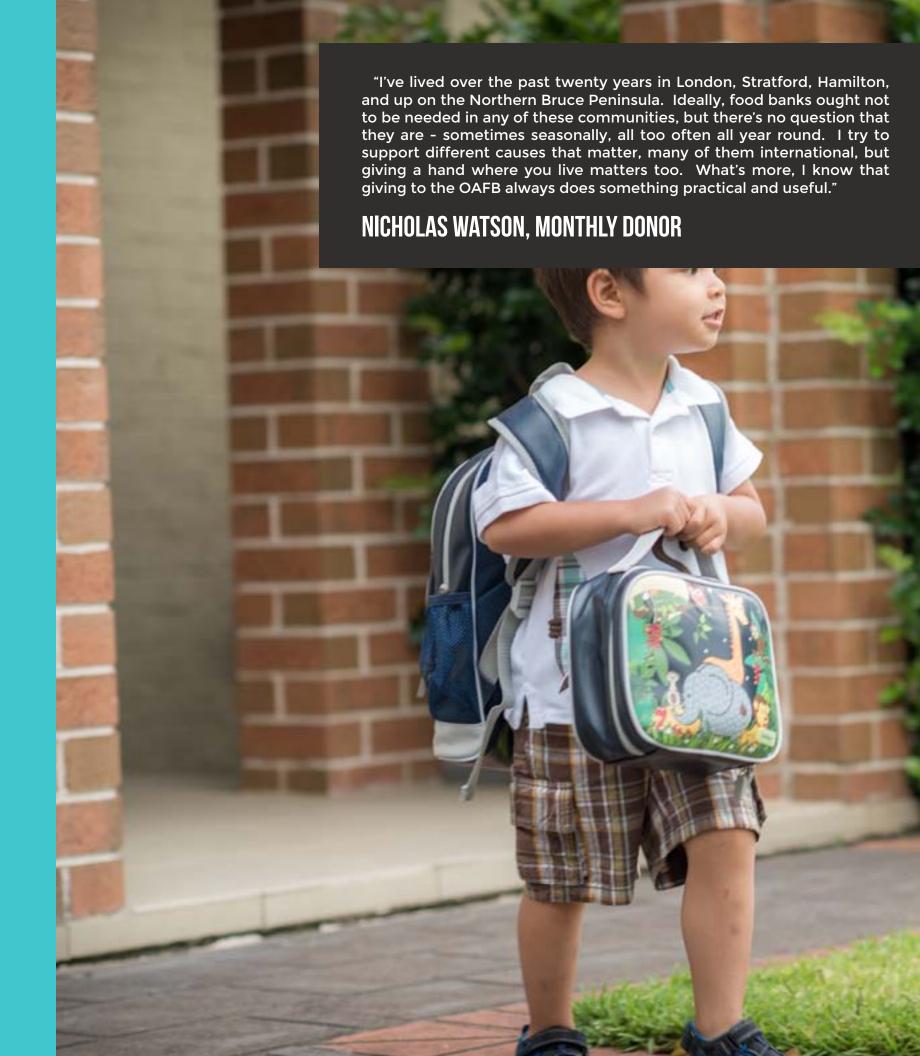
Revenue	
Gifts in kind	15,042,598
Donations	388,219
Grants	129,244
Food drives	602,105
Food programs	67,783
Membership dues	37,351
National programs	100,674
Conference fees	77,664
Interest and other	1,345
Member programs	90,360
Total	16,537,343

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donated means we can acquire and distribute the equivalent of 3 meals

Expenses	
Support services	497,928
Member services	733,721
Food and distribution	15,235,910
Total	16,467,559

This financial summary is taken from our 2016-2017 Audited Financial Statements. You can view the full statement on our website, www.oafb.ca/about/about-the-oafb/financials/



GOOD neighbours

The work of the Ontario Association of Food Banks is made possible through the generosity of many remarkable individuals, corporations and foundations. Thank you for your commitment to hunger-relief and our vision of a hunger-free Ontario.

FINANCIAL

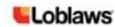
























7-Eleven Advanced Benefits Consulting Ami Mody Medicine Professional Corp **Aqueduct Foundation** Archer's Poultry Farm Ltd. Aviva Canada Barilla Canada Barry & Laurie Green Family Charitable Foundation **BDO Canada**

Binks Insurance Brokers BluArc Communications Campbell Company of Canada Canadian Online Giving Foundation **Cargill Limited**

Cascades Recovery Inc. Challenger Motor Freight

Conestoga Meat Packers. **Economical Mutual Insurance**

Company **Egg Farmers of Ontario** Elanco Animal Health Elementary Teachers' **Federation of Ontario** Eli Lilly Canada Ellis Don Flat Rock Cellars Ltd. Fogler Rubinoff LLP

Food Banks Canada Gay Lea Foundation Goldcorp Inc. **Great West Life** Greater Toronto Area Rewards Association **High Liner Foods Humber College Event** Management Program iGan Partners Inc. J.P. Bickell Foundation Kraft Canada Libro Credit Union

Linamar Corporation Link Charity Canada Link2Feed Lone Star Texas Grill Maple Leaf Foods McCormick Canada Meldrum Horne & Associates Minor Bros. Farm Supply Ltd. Newman's Own Foundation Nutreco Canada Ontario Greenhouse Vegetable Growers **Ontario Craft Brewers**

Parish & Hiembecker PriceWaterhouseCoopers Canada Foundation Promat Inc. R&M Lang Foundation **RBC** Foundation Sobeys Sounds of the Season South West Ontario Veterinary

Services Spectra Energy **SSAB North America Foundation** Strongco Sylvite Holdings Inc. The Grocery Foundation The Marketing Strategy Group The Norman & Margaret Jewison Foundation The Wesley & Mary Nicol Charitable Foundation The Works Gourmet Burger TribalScale Unifor **United Way** Wallenstein Feed and Supply Ltd. Waterloo Regional Pork **Producers Association** Workplace Safety & Prevention

FRANSPORTATION





















FOOD & CONSUMER PRODUCTS





















Atlantic Packaging Barilla Blue Monkey Campbells CanAm Pepper Co ConAgra **Confederation Freezers** Earth Fresh Hain-Celestial Canada **Henkel Corporation** JD Smith

Keybrand Foods Inc Kruger Products LAUNCH! Mars Canada Menasha Motts Naturipe Nestle Ocean Spray Optimum Canada

Johnson & Johnson

P&H Foods (Butterball) Parmalat Pepsico Phoenicia Post **Premium Line Transportation** Reesor Farm **Russel Stover** Smuckers

Solis Foods Corporation

Starbucks Canada The Original Cakerie **Trenton Cold Storage** Unilever Walmart WhiteWave Foods Willowarove Ya Ya Foods Corp

PARTNER CAMPAIGNS







Beat Hunger





Services





Good Kharma









Help Hunger Disappear Sounds of the Season

Spring & Holiday Food

Drives

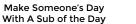


































MEET OUR network

Our network is fuelled by many extraordinary professionals and volunteers that are committed to a healthier future for all Ontarians. Each day, these passionate individuals deliver innovative solutions to address hunger in their communities.

	Acton Ailsa Craig	Acton Foodshare Ailsa Craig & Area Food Bank	Concord Cornwall	LifeCorp Food Share The Agapè Centre (Help to the	
	Alliston	The Good Shepherd Food Bank	D	Needy)	
	Aurora	Alliston Aurora Food Pantry	Dunnville	Salvation Army Dunnville Community & Family Services	
	Bancroft	North Hastings Community	Eganville	Eganville and District Community	
	Barrerere	Cupboard	Lganvine	Food Bank	
	Barrie	Barrie Food Bank	Elliot Lake	Elliot Lake Emergency Food Bank	
	Barry's Bay	Madawaska Valley Food Bank		Inc.	
	Beamsville	Community Care of West Niagara	Erin	East Wellington Community	
	Belleville Belleville	Gleaners Food Bank Quinte Inc. Quinte Region Food Share	Forgue	Services Centre Wellington Food Bank	
	belleville	Shelter (QRFSS)	Fergus Fonthill	Pelham Cares Inc.	
	Blenheim	The Salvation Army Chatham-	Fort Erie	The Salvation Army Fort Erie	
		Kent Ministries	Gananoque	Gananoque Food Bank	
	Blind River	Blind River Emergency Food	Georgetown	Georgetown Bread Basket	
	5.1	Bank	Goderich	St. Vincent de Paul	
	Bobcaygeon Bolton	Bobcaygeon Helps Food Bank Caledon Community Services/	Grimsby Guelph	Grimsby Benevolebt Fund Guelph Food Bank	
	BOILOII	The Exchange	Hagersville	Hagersville Food Bank	
	Brampton	Knights Table	Hamilton	Hamilton Food Share	
	Brantford	Community Resource Service -	Hanover	The Salvation Army Hanover	
		Brantford Food Bank		Food Bank	
	Brockville	Operation Harvest Sharing	Hastings	Hastings/Roseneath Food Bank	
	Burk's Falls	Burk's Falls and District Food Bank	Hawkesbury	Banque Alimentaire Centrale de Hawkesbury Central Food Bank	
	Burlington	Burlington Food Bank	Huntsville	The Salvation Army Huntsville	
		Partnership West		Community Church & Family	
	Caledonia	Caledonia & District Food Bank		Services	
	Cambridge	Cambridge Self-Help Food Bank	Ingersoll	Ingersoll Salvation Army Food	
	Campbellford	Campbellford Warkworth Fare Share	Vanata	Bank Kanata Food Cupboard	
	Carleton Place	The Hunger Stop - Lanark County	Kanata Kingston	Partners in Mission Food Bank	
	Carreton Flace	Food Bank	Kitchener	Food Bank of Waterloo Region	
	Cayuga	Cayuga Food Bank Inc.	Lake St Peter	Word of Life Lake St Peter Food	
	Chatham	Outreach For Hunger		Bank	
	Cobalt	Cobalt Coleman Latchford & Area	Lanark	Lanark Highlands Food Pantry	
	Cobourg	Food Bank Northumberland County Food 4	Lindsay Listowel	Kawartha Lakes Food Souce The Salvation Army Listowel	
ı	Cobourg	All	London	London Food Bank	
	Cobourg	Northumberland Fare Share Food	L'Orignal	Banque Alimentaire de L'Orignal	
		Bank	PAN.	Food Bank	
	Cochrane	Cochrane Regional Food Bank	Mattawa	Mattawa and Area Food Bank	0
		Association	Meaford	Golden Town Outreach	
	Collingwood	The Salvation Army - Collingwood Community and	Midland	The Midland Salvation Army Food Bank	
		Formily Convince		Dank	1000

Family Services

MEET A NEW MEMBER

Bank

The Ontario Association of Food Banks is pleased to welcome the Kerr Street Mission in Oakville to the network! The Kerr Street Mission is a gathering place and hub of care for the community that offers innovative programs and services for families in need.

Milton	The Salvation Army Khi Community Milton	Smithville South River	West Lincoln Community Care Good Happenings Food Bank
Mindemoya	Manitoulin Family Resources Help Centre Food Bank	St Marys	The Salvation Army St Marys- Food Bank
Minden	Minden Community Food Centre	St. Catharines	Community Care of St.
Mississauga	The Mississauga Food Bank		Catharines and Thorold
Mount Forest	Community Pantry	St. Thomas	St. Thomas Elgin Food Bank
Mountain	House of Lazarus	Stirling	Stirling and Area Christian
Nanticoke	Jarvis Caring Cupboard		Community Care (Stirling
Napanee	The Salvation Army of Napanee		Community Cupboard)
Newcastle	Clarington East Food Bank	Stratford	Stratford House of Blessing
Newmarket	Newmarket Food Pantry	Sudbury	Banque d'aliments Sudbury Food
Niagara Falls	Project SHARE		Bank
North Bay	North Bay Food Bank	Sunderland	Brock Community Food Bank
Norwich	The Salvation Army Community &	Sydenham	Southern Frontenac Community
Oalodilla	Family Services and Thrift Store Kerr Street Mission	Thursday Day	Services Food Bank
Orangoville	Orangeville Food Bank	Thunder Bay	Regional Food Distribution Association of Northwestern
Orangeville Orillia	The Sharing Place Food Bank		Ontario
Oshawa	Feed the Need in Durham	Tillsonburg	Helping Hand Food Bank
Ottawa	The Ottawa Food Bank	Toronto	Daily Bread Food Bank
Owen Sound	Owen Sound Salvation Army	Toronto	North York Harvest Food Bank
	Community and Family Services	Uxbridge	Uxbridge Loaves and Fishes Food
Palmerston	Palmerston Community	3	Bank
	Foodbank	Walkerton	Walkerton & District Food Bank
Paris	The Governing Council of the	Wallaceburg	The Salvation Army Chatham-
	Salvation Army		Kent Ministries
Parry Sound	Parry Sound Harvest Share	Warkworth	7Hills Community Pantry
Perth	The Table Community Food	Wasaga Beach	Wasaga Beach Ministerial Food
21	Centre		Bank
Peterborough	Kawartha Food Share	Waterdown	Food with Grace Waterdown
Port Colborne	Port Cares Reach Out Food	NA/a ba wfa wal	Food Bank
Dort Flain	Centre The Salvation Army Saugaen	Waterford	Waterford and District Food
Port Elgin	The Salvation Army Saugeen Shores	Welland	Cupboard The Hope Centre
Prescott	South Grenville Food Bank	Wiarton	Peninsula Community Food Bank
Quinte West	Care Share Food Bank Trenton	Wiaiton	(Wiarton Salvation Army)
Renfrew	Renfrew & District Food Bank	Wilberforce	Central Food Network
Ridgetown	The Salvation Army Chatham-	Winchester	Community Food Share
	Kent Ministries	Windsor	Windsor & Essex Food Bank
Sarnia	The Inn of The Good Shepherd		Association
Sault Ste Marie	The Salvation Army	Wingham	North Huron Community Food
Seeleys Bay	R.O.L.L. AID Centre	NIII III	Share
Sharbot Lake	North Frontenac Food Bank	Woodstock	The Salvation Army - Woodstock
Simcoe	Simcoe Caring Cupboard		Foodbank
Smiths Falls	Smiths Falls Community Food	Zurich	Blessings Community Store

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Robins Appleby LLP

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